



Sarah Zweck

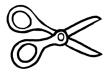
Make Your Own Ray Wings... and Fly!

You will need:

You can use a pillowcase, old sheet, towel or tea towel.

Rectangular piece of Fabric approximately 100cm x 75cm (larger for adult)





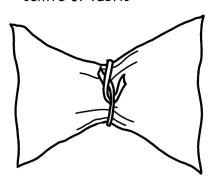
scissors



Ribbon or wool

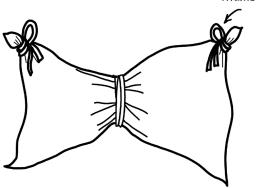
What to do:

 Lay your material out flat and pull the middle together.
Tie ribbon or wool around centre of fabric



2. Tie ribbon around the top two corners of fabric





3. Help your child to hold their wings behind their back, holding onto the ends in each hand and ... FLY!



