ACTIVITY TIME

Look, Baby!
Janeen Brian and Renée Treml

Look, Baby! is perfect for parents to introduce and talk about the world with their baby. The clever cut-out design helps parents show their child how to look around them at all the different and exciting things there are to see. Work together to spot all the fun hidden items throughout the book.

Talking matters

You will need:
- You and your baby.

What to do
Talking with your baby can feel odd when they cannot speak back to you, but it is one of the most important activities you can do with your baby to help support their language development. Here are some of our favourite tips for chatting with your baby:
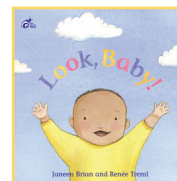
- Chat about what you are doing with your baby. Tell them "We are heading out to the park today, it is cold so let's make sure you have a hat on".

- Read books with them. It can feel strange having a conversation with a baby, so reading books can help! Read the words and describe the pictures to your baby.

- Have conversations with your baby. Ask questions and pause to allow them to respond. It might not be with words, but babies can respond with a smile, or by cooing and babbling.

- Cuddle up together, hold your baby close and give them time to look at the pictures in the book.

- Make sure your baby can see your face while you are chatting. They will be watching how your mouth moves, and it won't be long before your baby starts to copy you.

- If you get stuck for ideas, sing a song. Singing is not only fun, it slows down our speech and your baby will be able to hear the parts of the words more clearly. Sing songs with simple hand actions to add meaning to what you are saying.

Song
Open Shut Them, Incy Wincy Spider and Round and Round the Garden.

Key message
Children learn from watching and copying.

Adult supervision is essential. Involve and talk with your child as much as possible.

*You can introduce simple Science Technology, Engineering & Maths (STEM) concepts to children aged 2+ years through every day play.