

# **ACTIVITY TIME**

# **Jump and Shout!**

# By Mike Dumbleton and Peter Carnavas

We're going out!... *Jump and Shout!*... Clap and cheer on this rollicking adventure with a lively family. Join them as they swing, skip and tumble through the neighbourhood on a joyful day out. A fun rhyming story full of actions, sounds and movement. Are you ready?... Let's go!!

## **Musical statues**

## You will need:

- You and your child/ren
- Music.

#### What to do:

- 1. Read the story and experiment with some of the actions in the story.

  For example, jump up and down, clap your hands, and swing from side to side
- 2. Turn on the music
- 3. Dance and move around the place
- 4. When the music pauses don't forget to FREEZE or bob down to the ground
- 5. Turn the music back on and repeat!

# Other ideas

Jump and Shout! is a fun story to read with toddlers. Make story time interactive, get up and join in with the actions as you read the story. Act out different movements, stretch up high, and pretend to climb monkey bars then finish the story by curling up together for a cuddle.

### **STEM Focus**

Singing and dancing helps to strengthen your child's balance and coordination skills and incorporates math skills by learning about beat and rhythm, so clap along to the beat. Songs with actions help children to learn how to move their bodies and to play safely in the space around them. Singing and dancing and having fun help to build their confidence which is vital for their future learning.

## Songs to sing

5 Little Ducks, The Grand Old Duke of York and Heads and Shoulders.

#### Key message

Children learn by being engaged and doing.





Adult supervision is essential. Involve and talk with your child as much as possible.



\*You can introduce simple Science Technology, Engineering & Maths (STEM) concepts to children aged 2+ years through every day play.

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