

ACTIVITY TIME

Food, Me and ABC

By Raising Literacy Australia

Food, Me and ABC is more than just a book to read! It is full of things to look at, talk about and learn about. Have fun exploring the different foods on every page... again and again!

What can you find?

You will need:

- Textas, colour pencils (optional)
- Template.

Instructions:

1. Colour and decorate the template (optional)
2. With your child look at the food items on the template and name or label each one
3. Talk about each food item and talk about its shape and colour
4. You can also talk about the flavour of each item "Is this sweet or sour?"
5. If you have some of the food items at home look at the real items and touch, taste and smell them, while talking about the experience.

Tips on ways to share the book together:

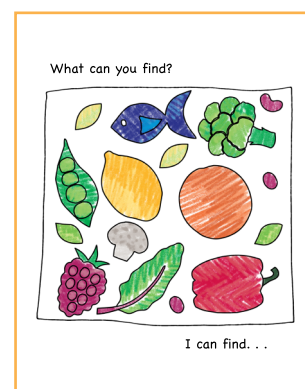
1. Read the book and point out your child's favourite foods.
2. See if you can find the food from the book that matches the template below.
3. Look for patterns, match objects and talk about similarities and differences.
4. Ask your child what do they notice or see? These are important skills that help your child with STEM. Maths includes noticing numbers, shapes, patterns, size, time and measurement.

Songs to sing

Alphabet song, One Potato and Dr Jean's Banana Song (aka the Guacamole song) on youtube here: https://www.youtube.com/watch?v=MFmr_TZLpS0

Key message

Children are born ready to learn.

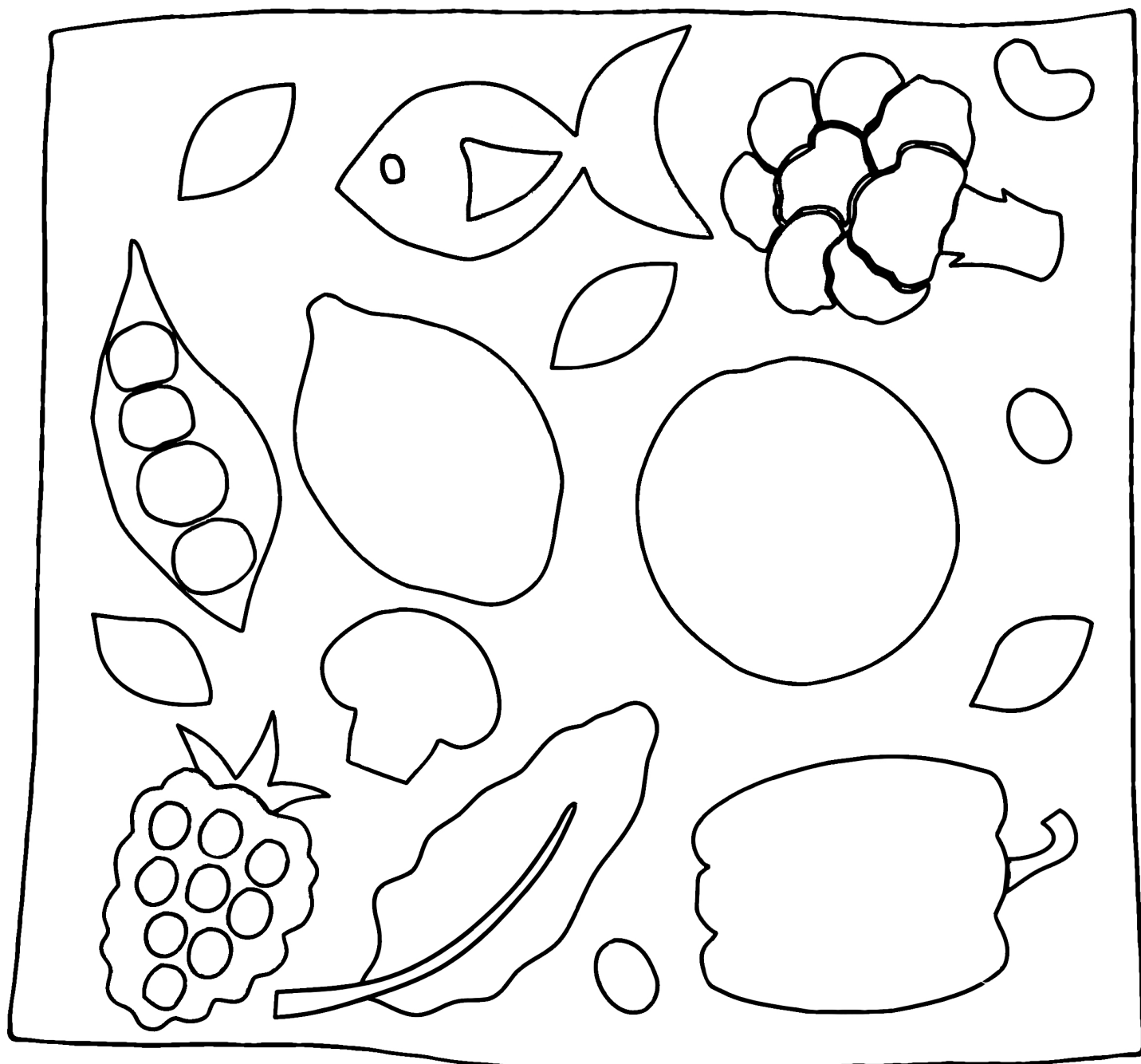


Adult supervision is essential. Involve and talk with your child as much as possible.



***You can introduce simple Science Technology, Engineering & Maths (STEM) concepts to children aged 2+ years through every day play.**

What can you find?



I can find. . .